

Allied expands with Medford allergy practice

Adina Genn // June 30, 2026

Allied Physicians Group has expanded its physician-led network with the addition of Medford-based Allergy, Asthma & Sinus Center of Long Island. The organization now includes more than 35 primary care practice locations and nine allergy and asthma specialty offices across the region.

Founded by Dr. Harsit Patel, Allergy, Asthma, & Sinus Center of Long Island has served patients throughout the region since 2004.

“The opening of our new Medford location reflects our commitment to supporting the communities we serve,” Joshua Sleeper, president of Allied Physicians Group, said in a news release about the expansion.

“We’ve seen a growing need for allergy and asthma care, and we’re excited to bring these services closer to home for more families,” Sleeper said. “By expanding into Medford, we’re making specialized care more convenient and helping ensure patients have access to the healthcare resources they deserve.”

Allied Physicians Group’s business model centers on supporting independent physicians and expanding specialty services across Long Island, New York City and the lower Hudson Valley.



In Medford, the eight-exam room allergy practice, which welcomes walk-in patients, is in the same shopping center as Allied’s Peds First Pediatrics practice, providing access to healthcare services in one location.

Services in the nine allergy practices include food and seasonal allergy diagnosis and treatment, asthma management, chronic cough evaluation, eczema and atopic dermatitis care, nasal polyps treatment, sinusitis and rhinosinusitis management, and sleep medicine.

“The expertise of Dr. Patel and his team strengthens our physician-led model, which empowers providers to deliver truly personalized care to every patient,” Dr. Kerry Frommer Fierstein, CEO of Allied Physicians Group, said in the news release.

“Our mission is to improve the quality of life for every patient we serve,” Patel said. “By taking the time to understand each individual’s needs, we create comprehensive treatment plans that provide lasting relief and better outcomes.”